

Avera Friday Forum-

Setting Boundaries With and For My Child: How Do I Do This?

02/20/2026 to 03/20/2026

Enduring Material

Purpose:

We recognize the need for ongoing education on behavioral health topics for disciplines who provide care to children and adolescents. This educational session is specially designed to educate Nurses, Counselors, Social Workers, and other disciplines who work with children and adolescent youth, particularly in the school setting, on behavioral health topics. This activity will reach learners about how and why to set boundaries with children.

Objectives:

- 1 Learn what it means to set boundaries.
- 2 Learn how to help a child with expectations at school and at home.
- 3 Learn practical ways parents can help their children understand boundaries.
- 4 Understand what resources schools or counselors can offer to help parents support boundaries at home.
- 5 What to do if a child is struggling to understand the why behind boundaries.

Target Audience:

Nurse - RN, Nurse LPN/LVN, Technician, Student, Social Worker, Counselor / Therapist, Addiction and Prevention Professionals, Psychologist

For successful completion:

- Read the articles
- Watch video
- Complete pre and post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)



IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.75 IPCE credit(s) for learning and change.

Nurse CE: Avera designates this activity for a maximum of 1.75 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity





Social Work: As a Jointly Accredited Organization, Avera is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.75 General continuing education credit(s).

Counselors, Marriage and Family Therapy (SD Board of Examiners): Avera is a recognized provider of continuing education, for all counseling related content, for the South Dakota Board of Examiners for Counselors and Marriage and Family Therapists. Social Workers will receive 1.75 continuing education clock hour(s) for participating in this course.

Additional Information:

Feedback person for this educational activity is:

Enduring Material available from 02/20/2026 to 03/20/2026

- This course content was reviewed on 1/15/2026

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Nature of Relationship(s) / Name of Ineligible Company(s)
Kelsey Bahr, RN, PMH-BC	Lead Planner	Nothing to disclose
David Ermer, MD	Faculty	Nothing to disclose
Paige Goldade, BSN, Clinical Nurse Educator	Lead Planner	Nothing to disclose
Amanda Hoseck, BSN, Nurse	Lead Planner	Nothing to disclose
Twila Perkinson, B.S, Certified Child Life Specialist	Faculty	Nothing to disclose
Jaclyn Pesicka, MA, K-12 School Administration	Faculty	Nothing to disclose
KELSEY SJAARDA, Social Worker	Committee Planning Member	Nothing to disclose
Christa Sobocinski, BA, Medical Educator	Content Expert - Committee Member	Nothing to disclose

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